

May 2019 Collective Resourcing Post

Dear List,

For a year or two, I have been intrigued with a sense that Constellations could help us access portals into other realms and bring energies and insights back to themselves or the group.

Through recent experiences and conversations with colleagues in multiple practice communities, we are noticing this occurring in different shared spaces -Constellation practitioners, The Pocket Project, Stephen Busby's course, and other We Spaces...

This points to some extensions of traditional Constellation work, that occur by making a few shifts in the design elements.

It also can also help us understand and work with what comes in non-constellation, collective spaces.

Here are four components, of which the first three are most significant:

1) **In these kinds of spaces, the client is "Evolution"** (Great Love, Higher Frequencies), and, we gather in service to that

In traditional family and organizational Constellations, the client is the central focus.

The representatives and facilitator are like an expanded nervous system (holding, sensing, illustrating) in service of the client.

What happens when we consider that **the 'client' is "the evolving We Space"/The Emerging Future/Divine Will?**

This leads to a major shift in what was allowed, and what kinds of interactions are allowed, and how we relate to each other.

This is already happening in various arenas.

When Jan Jacob Stam was doing organizational constellations for start-up companies, what often showed up in the field, was that **the true 'client' was NOT the founders.** This was confusing initially.

Then he and his colleagues became aware that, sometimes, **the client of the constellation was the Emergent Future --- trying to get its needs met, through the founders.**

The company was in service to this emergent future.

Likewise, this kind of gathering might be seen as being in service to this emergent future.....

2) **We acknowledge and place representatives for Great Love, Higher Frequencies, and other divine energies**

Bert Hellinger described himself as a seer. "I just place what I see..."

He saw a whole layer of what was missing to ordinary consciousness - the presence and influence of the ancestral dimension.....

Placing representatives for this unseen dimension allows much to be seen, and healed.

His experiences with the Zulus, and his own personal growth work, gave him the vision and attunement to see this dimension of reality.

The other things that we don't see, are "divine"/ spiritual/ subtle energetic beings.

Like the Talmud describes, there are angels behind every living thing: <http://www.spiritual-quotes-to-live-by.com/every-blade-of-grass-blog35.html>

How did our ancestors survive such challenges, without luminous support?

And, if this is the case, then why not **place representatives for these energies that are always there**, waiting to be invited in?

This opens us to another whole dimension of resources.....

3) We allow ourselves to take in the energies that are running through us in representation.

When representing a client's system, we are temporarily stepping into a field, allowing energies to run through us in service to the client. We understand that these energies are 'not ours'.

In exchange for our willingness to be open and of service, we are given a temporary taste of these energies and experiences.

Francesca Mason-Boring teaches about letting go of what we represented after a family constellation has completed: "It would be as if you were invited to a fine dinner at someone's house. They serve you a great meal on lovely china. When you leave, you don't slip a few of their tea cups into your bag and take them with you!"

However, when stepping into a constellation in service of evolution, which is wanting to carry us and life forward, we may not need to disconnect from them afterwards... especially if they feel nourishing.

We can check to see if they are meant for us to take in. They may want to dwell within us.

If so, they can be invited into our system, to open and dwell in us, in a way that serves them, and ourselves. They would need an invitation, as they respect our sovereignty.

As Karl-Heinz Rauscher has said "The Greater Forces need to be invited in. "

This is "embodying the energies that come in from the constellation."

As if the constellation helps us access "attunements", as in Reiki training, that we then can have ongoing access to, and can offer energetically to others....

(Processes like Focusing are very helpful here, to encourage a sensitive checking with the body, and with the different energies, to find a harmonious and gentle degree of taking in and digesting these energies, without overload or force)

4) Aware that "constellating" is often happening when we gather to be of service, even when we are not stating that as a formal intention.

In his introduction to "The Psychology of the Transference", Carl Jung states that when a client comes to a therapist, the psychic material of each person will constellate in the interactive space in some way, related to the intention of coming together and healing....

The client and therapist will not be 'in here', talking about 'something out there' that is separate from them. Instead, the energy of the complex/entanglement will show up right in the midst of their interaction.. It constellates, whether or not they are doing a Constellation.

We might say that when we gather in this way in these practice spaces, we may be entering into a blind constellation.

The question that we are sharing may be:

"How do we serve?"

or *"What do we become together?"*

or *"What is alive now here, in this space and time?"*

We may not know what we are representing; we follow as moved.... As we are called to represent what is wanting to be known, felt, embodied, lived, the energies and presence come in, and we allow that to nourish ourselves and each other.

It can help to be aware of this, and, from time to time, be curious about "Am I in representation right now? And if so, what might I be representing?"

To be more specific, Beth Tener and I hosted a small gathering a few months ago, where these dynamics were observed during a constellation on *"How can Great Love flow more like a sports car than a slow golf cart?"*

Several quite luminous energies showed up in the field - **three distinct** frequencies of love, each with its own gifts and way of interacting.

One person experienced a profound trauma healing as the recipient of this.

Several of the representatives embodied these energies, with powerful lasting value to them and ongoing access to the energies even weeks later.....

In a few months, we are going to try this again, this time with more conscious awareness of these dimensions of the process. I hope to have more to share about it then.

In the meantime, I am finding this to be a helpful lens to understand some of what is happening in various We Spaces that we engage in - Constellations, dyads, triads, Resonant Sensing and Global Social Witnessing groups, and more....

It is my hope that this can act as a helpful blueprint to expand our access and contact with more of what shows up and is wanting to be available to us - "Free Energies"

These two quotes feel very relevant to this process:

"In the true condition... the hierarchy of self and God no longer exists, and that which has been projected outward, no longer transcends the flesh of humanity, but dwells within the body of humanity.... We enter a new harmonic. Your body has become My tabernacle."

From *Light, Radiance, Splendor* by Leah Chyten

"The primary task of education of adults, is to convey (to integrate) the archetype of the God-image (to reclaim the divinity that we have projected outwards onto others and the world) to the conscious mind."
Carl Gustav Jung

Take good care, best wishes, and hope this is useful in some way,

Bruce Nayowith

[Some correspondence in response to this posting:](#)

Dear Bruce

...I am intrigued with the idea that the "client" be The Emerging Future, or Evolution. I can imagine including that idea in advertising a constellations day, broadening the parameters both on the day, and for individuals who want to constellate a challenge.

In regard to your second point, I always acknowledge and welcome both the ancestors and the myriad layers of subtle support that wish to be with us. When I bring in support along the way of a constellation I usually leave it un-named, but to me it is Divine Support. It may become a great grandmother, and that's all good. Would you name it as divine? Do you include a representative for say Divine Support at the outset of each constellation?

I would love an example to help me more fully grasp number 3, please.

I am intrigued how we can just ask a big question, with reverence. Your example: "How can Great Love flow more like a sports car than a slow golf cart?" so makes me smile.

M

Dear M,

Thank you for your careful and engaged response!

I feel like an "energy journalist" - taking notes from the Field, reporting back to the community, wanting to share some prototype design ideas that might inspire or expand what many of us are already doing.

So, I am going to riff off of what you wrote here:

I am intrigued how we can just ask a big question, with reverence.

This feels important - thank you for presencing this....

-A big question

-With reverence.

I would love an example to help me more fully grasp number 3, please.

(3) **We allow ourselves to take in the energies that are running through us in representation.)**

Rocco Errico wrote "Setting a Trap for God" (he inspired Neil Douglas-Klotz's "Prayers of the Cosmos - the Aramaic Words of Jesus", which some people are familiar with)

In this book, he describes how one of the primary Middle Eastern spiritual practices of that time was **attunement** - tuning into qualities that we sense into, invite into our being, and allow to resonate.

In Aramaic, one word for prayer is "tzlota", which means "**Setting a trap/net to catch the thoughts (and energies) of God**"

From that perspective, every time we constellate, we are coming together with our minds and bodies as instruments, to lay out a subtle net or network grid, where information and energies can be accessed, and taken in from The Knowing Field.

I have felt that **pausing and taking in luminous energies that show up in representatives in the Field**, could be a profound gift that could be accessed through Constellation work, **if we set it up with that intention.**

Two illustrations, that might be helpful:

A) In August 2018, Eimear O'Neill and Diana Claire Douglas hosted a Collective Resourcing event in Ontario, Canada, that included a collective constellation. (Diana Claire wrote a lovely detailed report on this.)

The final day, the question we constellated was

"What can we become (collectively - as a group, not just individually) in light of what is happening in the world right now?"

We chose representatives for the following:

-*Trauma*

- *Love*

- *Integration*

- *Resistance*

- *Humanity*

-*Human Being* ("a **particular** human being in the flow of life"),

- *Evolutionary Force of Consciousness*

-*Imaginal Cells* (that shape and guide the transformation into a butterfly (

<http://www.ndcollaborative.com/imaginal-cells/>)

During the constellation, the representative for Love felt (not her words, but the general sense of it) as if she was transmitting caring, almost as if she were giving a Reiki healing session to the representative for Integration, who experienced a profound healing as a result.

Afterwards, the rep for Love felt:

“Love is like a sports car and can go 120 mph, and it seems as if we are in a putt-putt mode right now.”

And

“Imaginal cells, as small groups, are replicable....”

This energy and open channel of **“Love” remained with her for months afterward, as a presence that she could contact** - informing her, guiding her, resourcing her. It was surprisingly accessible to her numerous times, as a result of being in this representation.

That inspired us to host a gathering in late November, trying to ‘replicate imaginal cells’, based on this question about love.

During that constellation, several luminous energies showed up in the field - **three** distinct frequencies of love, each with its own gifts and way of interacting. The recipient of those loving transmissions had a very moving experience.

After my colleague (who was Love in the first constellation) represented Earth in this constellation, she felt that she had **opened some channel that was available afterwards, that allowed her access to understandings about the Earth and its energies in a different way....**

B) Bringing other embodiment processes (Focusing, Inner Empathy, other group processes) into a constellation to deepen the intake and transmission of these energies.

When luminous type energies show up in a bodily-felt way in certain processes, I like to pause, and to invite the person experiencing that, **to check with this energy/presence, and ask what it would like for them.**

(perhaps checking with it “How would you like me to be with you?”, or ‘How would you like to be with me?’)

Often, something opens in the person, in response.

A number of times, what comes is that this energy wants to be present more in our life, and often wants to be invited into our being, to come into us.

If it feels right to say ‘yes’ to that, there can be an entering of precious energies that nourish us and accompany us...an in-dwelling of some kind of energy or presence.... As an energy gift to ourselves. This ‘inviting in’ is different from ‘letting go of’ the energy of representation that we need to do in Family Constellations.

This can be then offered as an energy gift to the community.

When one person lights up with that energy, **then others can be encouraged to tune into the person having the primary experience.**

Those who are able to tune into and align their nervous systems with the other, may have a similar energy induced in our being (this is called induction in electricity. It is how a wireless phone wiretap works).

I call this “Resonant Activation”, which is one of several kinds of “We Space magic” It allows the

‘transfer’ of current between people, through intention, attention and attuning... They were doing this 2000 years ago and earlier in many parts of the world....

[Link to We Space Magic Post](#) or here on [Google Doc](#)

In regard to your second point, I always acknowledge and welcome both the ancestors and the myriad layers of subtle support that wish to be with us.

When I bring in support along the way of a constellation I usually leave it un-named, but to me it is Divine Support. It may become a great grandmother, and that's all good. Would you name it as divine? Do you include a representative for say Divine Support at the outset of each constellation?

Good point.

One could just call it "Support", or "Unseen Resource".

I have not named anything "Divine" anything in a constellation. Not yet, anyway...

Sometimes, someone in the circle feels as if they are representing something. They raise their hand, and speak it. I go by the name they use.

If I feel their presence, or if someone else does, then they would be brought in. (At least, that is my present thinking)

It depends more on if the representative feels something 'luminous' about their representation. Even if they are "Grandfather", that rep may be carrying some very powerful and resourcing energies **that can be transmitted to/received by others through Resonant Activation.**

And, writing this helps me to be aware of these presences, whether or not I place them in the field (just as we don't place all the ancestors in each constellation...).

I have certainly known "representations" to turn up in committed work in dyads, triads etc, and to wonderful effect.

Yes, likewise....Powerful when that happens, and great when we are aware that it is happening, helps us relate to it in deeper and more attuned ways.....

I am intrigued with the idea that the "client" be The Emerging Future, or Evolution. I can imagine including that idea in advertising a constellations day, broadening the parameters both on the day, and for individuals who want to constellate a challenge.

Yes. By having the client be the collective, or Emerging Future, it allows us to share collectively, talk about the constellation, process it collectively.

[Here is a model of what my wife and I were offering locally - some process descriptions. This web page is designed for people to adapt and clone the model:

<http://www.serviceoflife.info/socialalchemy/ourworkindex.htm>]

In the Great Love constellation, the client was Great Love, and, us, as well.... Perhaps us in the service of Great Love.

In a way, this could be seen as "Constellatory Prayer". We came together to explore, and open, and be inspired... and, to serve as well....